

Dedicated to the advancement of surgical education and research



# Information for Participants May-June 2017 BSE

POSTGRADUATE COURSE IN BASIC MEDICAL SCIENCES FOR FRACS 8 May – 2 June Formal lectures 5 – 7 June Course practice exams Between 8am – 8.45am Monday 8 May, candidates can collect their handout course books, timetables and other information from the Course office building (shared tearoom & Seminar Room) (55 Hanover Street) C2 No. 148 on the map displayed.

Following this, there will be an introduction at 9am, in the Teaching/Seminar Room (153 & 153a) in the same building as above. This is also the time to ask any questions you may have regarding the Course.

The first course lecture will be Anatomy (Upper & Lower Limb (10am - 1pm) in the Barclay Theatre, Otago Museum; 2-3pm Vascular I in the Gowland Theatre, 3-4.30pm Microbiology I in the Gowland Theatre.

Anatomy practical sessions (9-11am & 11am-1pm) will be held on Saturday 20th May (Limbs), Saturday 27th May (Thorax, Abdomen & Pelvis), Sunday 28th May (Head & Neck).

Room 152, 1st Floor 55 Hanover Street Building (Jenny's office) (Ref.C2 No.148) on the displayed campus map) will be "home base" for the course - mail can be collected from here. Various lecture theatres around the Medical School are used and these are marked on the website map. Morning and afternoon teas and lunches are obtainable ground floor Dunedin Hospital, the Hunter Centre (opposite Dental School) or at the various cafes along George Street.

# **Library Hours**

The Medical Library is usually open 8.30am-11pm (Monday-Thursday) and 8.30am-9pm (Friday); 9am- 5pm (Saturday); 10am-11pm (Sunday). Please note that fines are incurred for overdue books and full reimbursement will be sought from candidates. Please be aware of details regarding borrowing 'reference' or 'close reserve' textbooks, these are only available for a few hours. Books can only be taken out by way of ITS generated usernames. It is essential that candidates bring as many textbooks as possible.

Mail addressed c/- Department of General Practice & Rural Health will be available from Jenny's office on weekdays. Please note that urgent messages can be sent by FAX 64 (3) 477 2042 (in Jenny's office).

### **Mobile phones**

Vodafone, Clear (Telstra) Spark (ex Telecom), and 2Degrees digital networks operate in New Zealand. It is possible to switch 'overseas' mobiles to our networks - contact your provider before leaving home or New Zealand mobile providers - but ensure you have full global roaming facilities to access our networks and your phone is unlocked. SIM cards are available for purchase locally and these will provide you with a NZ mobile number.

# Internet/Email Access

This will be arranged for candidates via the Medical School CAL facilities. Access during working hours (Monday-Friday) in 'open' sessions (i.e. when no other bookings), plus after hours/weekend access is available by ID swipe card only. Swipe cards will be issued allowing door access if required. Candidates will also be issued with usernames/passwords for access to the University computer network. Most hostels provide internet/email access. For those hoping to use their laptops 'at their accommodation venue', check FIRST with your ISP about access charges likely to be incurred. Laptops may need to be reconfigured by University ITS for access to any wireless networks on campus.

# **Examination entries**

Are the responsibility of individual candidates. According to the RACS website, entries for the CE & GSSE Examinations closed in Melbourne in April 2017.

# Late withdrawals

The course administrator Jenny Hurley works generally in the mornings before the course - 64 (3) 479 7286 or can be contacted at home +64 (3) 476 2808 after hours. Fax: +64 (3) 477 2042; Mobile: +64 (21) 395 599. An administration fee will apply for late course cancellations.

# Syllabus and textbooks

Please ensure that you are familiar with the most recent syllabus for RACS Examinations and ensure that you bring with you the relevant textbooks. The Medical Library has copies of 'most' textbooks but not enough copies for all candidates. i.e. Last's, Ganong, Guyton or Robbins – candidates would not be able to have these out on lend for the whole duration of the course.

In addition bring the following:

Blood Transfusion and Component Therapy: National Blood Transfusion Committee, Australian Red Cross, January 1994 Downloadable from http://www.transfusion.com.au Circular of Information.

This publication is no longer available and is out of date. Alternative suitable references can be found via the websites of ARCBS and NZ Blood Service for relevant current guidelines, especially the new 'Patient Blood Management Guidelines'.

Helpful document - from Integrated Basic Surgical Sciences (Toouli, Russell, Devitt & Clark) Chapters 37.1 Applied Clinical Pharmacology for Surgeons (Potter & Payne) and Chapter 37.2 Antimicrobial Agents (Smith & Payne).

The MCQ book published by the RACS in May 1991 (green) consists of a whole Part 1 FRACS examination, with comments. It is well worth reading. It does not contain Type X questions. The new edition (buff in colour and available since 1997) contains Type X questions (the old edition did not). Jenny has a copy of the above 3 publications for candidates to view.

# Travel

# A Valid Passport Is Required For Travel Between Australia And New Zealand

For those travelling on a foreign passport, please check if you require a temporary Visa to visit NZ. Go to: http://www.immigration.govt.nz, then click 'Visa waiver Countries' (right hand side menu bar).

# Luggage

Please check weight of your luggage and keep within international/NZ domestic allowances. Overweight baggage charges are costly for travel within and when departing from New Zealand.

# Accommodation

# ALL accommodation accounts must be settled before leaving Dunedin. This includes any toll calls made from your accommodation venue.

Desks and reading lights are provided at most accommodation venues. Electrical fittings in New Zealand are similar to those used in Australia. Hostels are adequately geared towards postgraduate study.

University Hostel Dress Code. Candidates are reminded that they are to be suitably dressed in the Hostel dining rooms – tidy casual.

A reasonable standard of dress is also expected at the Dunedin Club. NO shorts, singlets, or jandals to be worn in the dining room.

There is an abundance of takeaway establishments, hotels (offering very cheap meals), bars and cafes, and there is an excellent selection of international restaurants - all within easy walking distance of the Hospital and Medical School complexes. There are McDonald's, Burger King, Kentucky Fried Chicken outlets also in Dunedin. More information regarding restaurants and Dunedin in general is on our website http://www.dunedincourse.ac.nz/accommodation

# Weather in Dunedin

During May-June is, as always, unpredictable. Come prepared for temperatures in single figures and the low teens. Buildings are adequately heated. For those travelling from north of New South Wales be prepared for a drop in temperature of around 20° - 25°. Suitable woollen apparel is essential to cope with the wind chill factor. It is likely that Dunedin will experience bitterly cold southerly winds, heavy frosts and snow over the course period and temperatures will plummet to -minus.

# Banks & Currency in New Zealand

# **Banks/Branches in Dunedin**

Those listed below are the banks operating in Dunedin. Previously some candidates have found themselves in financial difficulties, so please ensure that you arrange suitable funds before arriving in Dunedin. *Banks here will honour most travellers cheques, and foreign currency (except Rupees, Malaysian Ringit and KWD).* 

Banks locally are: ANZ Banking Group(NZ) Ltd (incorporating National Bank); Bank of New Zealand (incorporating National Australia Banking Group); WestpacTrust; (Westpac NZ and Westpac Australia run on different systems) Auckland Savings Bank (incorporating Commonwealth Bank); Southland Savings Bank; Kiwi Bank; Co-operative bank

# CHECK WITH YOUR BANK THAT YOU WILL BE ABLE TO OBTAIN CASH WHILST IN DUNEDIN

It has come to our notice during previous courses that candidates who are Commonwealth Bank of Australia customers have experienced problems accessing their accounts in Dunedin. There have been instances where candidates have been unable to withdraw any funds using their cards or transfer funds on line. Please ensure before you travel to Dunedin that you have made arrangements with your bank for you to access funds. Auckland Savings Bank (in Dunedin) is the 'sister' bank to Commonwealth Bank (Aust) but they are unable to fix any problems

Note: There is NO American Express office in Dunedin nor are there 'Advance' or 'Access' banks in Dunedin (or New Zealand)

You will be unable to obtain CASH by using your Australian automatic teller cash card in New Zealand machines, unless you have the appropriate 'international' ATM card and pin number. If your VISA account is 'under your credit limit' you will be able to obtain cash from either an ATM or counter assistance. Again ensure you have the appropriate 'international pin number'.

# ATM banking symbols include:

ANZ (Night & Day); Postbank (Night & Day); ASB Cashflow; National Cashpoint; WestpacTrust; Easibank (Countrywide); BNZ; Activator (Mastercard).

International banking transaction symbols: Visa, Cirrus, Maestro, Plus, Mastercard; Diners Club International, are all accessible in Dunedin.

# Currency used in New Zealand is the \$NZ

You cannot present a personal cheque in \$AUD to pay for goods or services.

At the time of writing the exchange rate was : (give or take)

1 NZD = 0.92 AUD 1 AUD = 1.09 NZD

# **Course Contacts**

Associate Professor Jim Reid COURSE CONVENER

Jenny Hurley COURSE COORDINATOR Phone: +64 (3) 479 7286 (Office) +64 (3) 476 2808 (Home) Mobile: +64 (21) 395 599

Course Office: Room 152, 1st Floor, 55 Hanover Street (Department of General Practice & Rural Health) (Ref C2 No.148 on building map)

FAX: National (03) 477 2042 International +64 (3) 477 2042 EMAIL: bse.course@otago.ac.nz f www.facebook.com/DunedinCourse

# **International Time Difference**

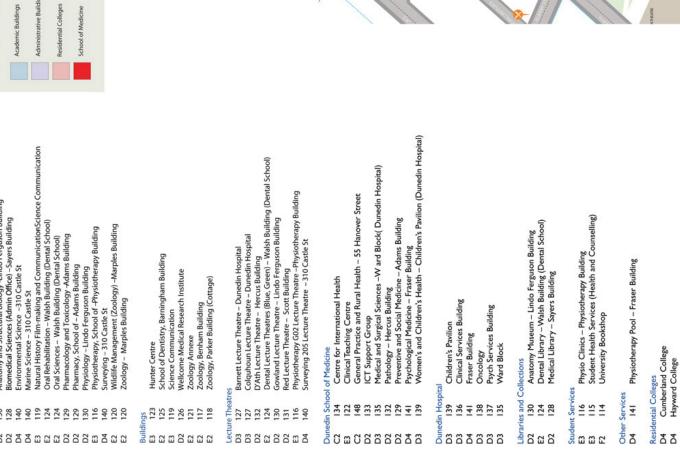
New Zealand is

2 hours AHEAD of Brisbane, Melbourne, Cairns, Canberra, Sydney, Hobart 2 1/2 hours AHEAD of Adelaide, Darwin

4 hours AHEAD of Perth

# South Campus (School of Medicine)

Acade D2 D2	emic Deg	Academic Departments, Schools, Faculties and Programmes
D2 D2		
	128	Anatomy and Structural Biology -Lindo Ferguson Building Biomedical Sciences (Admin Office) – Sayers Building
04	140	Environmental Science –310 Castle St
04	140	Marine Science – 310 Castle St
۵	119	Natural History Film-making and CommunicationScience Comr
E	124	Oral Rehabilitation – Walsh Building (Dental School)
E2	124	Oral Sciences – Walsh Building (Dental School)
D2	129	Pharmacology and Toxicology -Adams Building
D2	129	Pharmacy, School of – Adams Building
D2	130	Physiology – Lindo Ferguson Building
£	116	Physiotherapy, School of -Physiotherapy Building
4	140	Surveying – 310 Castle St
E E	120	wiidiire management (zoorogy) –marpies building Zoology – Marples Building
Buildings	spu	
8	123	Hunter Centre
	125	School of Dentistry. Barningham Building
B	119	Science Communication
D2	126	Wellcome Medical Research Institute
E2	121	Zoology Annexe
E2	117	Zoology, Benham Building
E2	118	Zoology, Parker Building (Cottage)
Lectu	Lecture Theatres	es
D3	127	Barnett Lecture Theatre – Dunedin Hospital
D3	127	Colquhoun Lecture Theatre – Dunedin Hospital
D2	132	D'Ath Lecture Theatre – Hercus Building
E2	124	Dental Lecture Theatres (Blue, Green) – Walsh Building (Dental
02	130	Gowland Lecture Theatre – Lindo Ferguson Building
2 2	131	Red Lecture Theatre – Scott Building
2 2	140	Fritysiounerapy Goz Lecture Trieatre – Fritysiounerapy building Sunvaving 2051 acture Theatre – 310 Castla St
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Dune	din Scho	Dunedin School of Medicine
5	134	Centre for International Health
Ξ	122	Clinical Teaching Centre
C	148	General Practice and Rural Health – 55 Hanover Street
D2	133	ICT Support Group
ő	135	Medical and Surgical Sciences –W ard Block( Dunedin Hos
D2	132	Pathology – Hercus Building
D2	129	Preventive and Social Medicine – Adams Building
2	14	Psychological Medicine – Fraser Building
ß	139	Women's and Children's Health – Children's Pavilion (Dune



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