



*Dedicated to the advancement of surgical education and research*



## **Information for Participants May-June 2018 BSE**

**POSTGRADUATE COURSE IN BASIC MEDICAL SCIENCES FOR FRACS**

**7 May – 29 May Formal lectures**

**30 May – 1 June Course practice exams**

## Information For Participants 2018

Between 8am – 8.45am Monday 7th May, candidates can collect their handout course books, timetables and other information from the Course office building (shared tearoom & Seminar Room) (55 Hanover Street) Ref.C2 No. 148 on the map displayed on our website.

Following this, there will be an introduction at 9am, in the Hercus CAL Computer Lab, Ground floor Hercus Building (opposite 55 Hanover Street). This is also the time to ask any questions you may have regarding the Course. The first course lecture will be Anatomy (Upper Limb) (10am-12.00) in the Barclay Theatre, Otago Museum. CVS(1) and Lower limb in the afternoon. Vascular and CVS(2) next morning.

Anatomy practical sessions (9-11am & 11am-1pm) will be held on Saturday 12th May (Limbs), Saturday 19th May (Thorax & Abdomen) and Saturday 26th May (Head & Neck). Due to course numbers, there will be two streams each Saturday, usually alphabetical order.

Room 140, 1st Floor 55 Hanover Street Building (Jenny's office) (Ref.C2 No.148) on the displayed campus map) will be "home base" for the course - mail can be collected from here. Various lecture theatres around the Medical School are used and these are marked on the website map. Morning and afternoon teas and lunches are obtainable ground floor Dunedin Hospital, the Hunter Centre (opposite Dental School) or at the many cafes along George Street.

### Library Hours

The Medical Library is usually open 8.30am-11pm (Monday-Thursday) and 8.30am-9pm (Friday); 9am- 5pm (Saturday); 10am-11pm (Sunday). Please be aware of details regarding borrowing 'reference' or 'close reserve' textbooks, these are only available for a few hours. It is essential that candidates bring as many textbooks as possible. Books are unable to be taken out of the Medical Library unless candidates have a University photo ID - this option is not available to visiting candidates

### Addresses

The RACS may require a Dunedin contact address. This is:

Dunedin Basic Medical Sciences Course,  
c/- Department of General Practice & Rural Health,  
Dunedin School of Medicine,  
P O Box 56,  
DUNEDIN 9054, NEW ZEALAND

Mail addressed c/- Department of General Practice & Rural Health will be available from Jenny's office on weekdays. Please note that urgent messages can be sent by FAX 64 (3) 477 2042 (in Jenny's office).

### Mobile phones

Vodafone, Callplus, Spark (ex Telecom) & 2Degrees digital networks operate in New Zealand, plus several smaller providers. It is possible to switch 'overseas' mobiles to our networks - contact your provider before leaving home or New Zealand mobile providers - but ensure you have full global roaming facilities to access our networks and your phone is unlocked. SIM cards are available for purchase locally and these will provide you with a NZ mobile number. Dunedin recently won the nationwide Gigatown promotion and as such there are now 15 free wi-fi hotspots from the botanic gardens, through the CBD to St Clair, Macandrew Bay and Port Chalmers. These allow speeds of up to 50 times faster than the standard public wi-fi.

### Internet/Email Access

This will be arranged for candidates via the Medical School CAL facilities. Access during working hours (Monday-Friday) in 'open' sessions (i.e. when no other bookings), plus after hours/weekend access is available by ID swipe card only. Swipe cards can be issued allowing door access if required. Candidates will also be issued with usernames/passwords for access to the University computer network. Most hostels provide internet/email access. For those hoping to use their laptops 'at their accommodation venue', check FIRST with your ISP about access charges likely to be incurred. Laptops may need to be reconfigured by University ITS for access to any wireless networks on campus.

## Examination entries

Are the responsibility of individual candidates. The GSSE and Clinical examinations are not held in Dunedin anymore.

Email: [examinations@surgeons.org](mailto:examinations@surgeons.org)

## Late withdrawals

The course administrator Jenny Hurley works generally in the mornings before the course - 64 (3) 479 7286 or can be contacted at home

+64 (3) 476 2808 after hours. Fax: +64 (3) 477 2042; Mobile: +64 (21) 395 599.

An administration fee will apply for late course cancellations.

## Syllabus and textbooks

Please ensure that you are familiar with the most recent syllabus for RACS Examinations and the Recommended Reading List (as at Feb. 2018) and ensure that you bring with you the relevant textbooks.

Recommended to also bring the following:

Blood Transfusion and Component Therapy: National Blood Transfusion Committee, Australian Red Cross, January 1994 Downloadable from [www.transfusion.com.au](http://www.transfusion.com.au) - Circular of Information. Alternative suitable references can be found via the websites of ARCBS and NZ Blood Service for relevant current guidelines, especially the new 'Patient Blood Management Guidelines'.

Pharmacology – to gain maximum benefit from these tutorials candidates should bring the following two chapters from 'Integrated Basic Sciences' (James Touli).

Chapter 37.1 Applied Clinical Pharmacology for Surgeons and Chapter 37.2 Antimicrobial Agents (co-written in Dunedin, by the late Professor Sandy Smith, ex RACS Examining Board)

The MCQ books published by the RACS (yellow, green & buff coloured) contain **whole real Part 1 FRACS examinations**, with comments. They are well worth reading. Yellow (Type C format) Green (Type C format) and Buff (Type X format) The questions in the Green & Buff books are exactly the same. Type C questions can still be answered as Type X (true/false). Jenny has a copy of the above 3 publications for candidates to view.

## Travel

### A Valid Passport Is Required For Travel Between Australia And New Zealand

For those travelling on a foreign passport, please check if you require a temporary Visa to visit NZ. Go to: [www.immigration.govt.nz](http://www.immigration.govt.nz), then click 'Visa waiver Countries' (right hand side menu bar).

### Luggage

Please check weight of your luggage and keep within international/NZ domestic allowances. Overweight baggage charges are costly for travel within and when departing from New Zealand.

When you know your travel arrangements, please advise how and when you will be arriving. Candidates have already been sent advice about airport transfers if required.

For those arriving by air - Dunedin Airport is about 29km from the centre of town. If you do not require our organised transport transfers, airport shuttles run from the airport to the city at a cost of approx. \$35-\$37 per person, and these will take you to your destination if it is within city limits. A taxi can be hired directly from the airport - it will be up to approx. \$120-00 (more during weekends/holidays). Two persons could share cost of taxi.

## Accommodation

### ALL accommodation accounts must be settled before leaving Dunedin. This includes any toll calls made from your accommodation venue.

Desks and reading lights are provided at most accommodation venues. Electrical fittings in New Zealand are similar to those used in Australia. Hostels are adequately geared towards postgraduate study.

University Hostel Dress Code. Candidates are reminded that they are to be suitably dressed in the Hostel dining rooms – tidy casual.

A reasonable standard of dress is also expected at the Dunedin Club. NO shorts, singlets, or jandals to be worn in the dining room.

There is an abundance of takeaway establishments, hotels (offering very cheap meals), bars and cafes, and there is an excellent selection of international restaurants - all within easy walking distance of the Hospital and Medical School complexes. There are McDonald's, Burger King, Kentucky Fried Chicken outlets also in Dunedin. More information regarding restaurants and Dunedin in general is on our website

[www.dunedincourse.ac.nz/dunedin](http://www.dunedincourse.ac.nz/dunedin)

### **Weather in Dunedin**

During May-June is, as always, unpredictable. Come prepared for temperatures in single figures and the low teens. Buildings are adequately heated. For those travelling from north of New South Wales be prepared for a **drop in temperature of around 20° - 25°**. Suitable woollen apparel is essential to cope with the wind chill factor. It is likely that Dunedin will experience bitterly cold southerly winds, heavy frosts and snow over the course period and temperatures will plummet to -minus.

## **Banks & Currency in New Zealand**

### **Banks/Branches in Dunedin**

Those listed below are the banks operating in Dunedin. Previously some candidates have found themselves in financial difficulties, so please ensure that you arrange suitable funds before arriving in Dunedin. *Banks here will honour most travellers cheques, and foreign currency (except Rupees, Malaysian Ringit and KWD).*

Banks locally are:

ANZ Banking Group(NZ) Ltd (incorporating National Bank);

Bank of New Zealand (incorporating National Australia Banking Group);

WestpacTrust; (Westpac NZ and Westpac Australia run on different systems)

Auckland Savings Bank (incorporating Commonwealth Bank);

Southland Savings Bank; Kiwi Bank; Co-operative bank

### **CHECK WITH YOUR BANK THAT YOU WILL BE ABLE TO OBTAIN CASH WHILST IN DUNEDIN**

*It has come to our notice during previous courses that candidates who are Commonwealth Bank of Australia customers have experienced problems accessing their accounts in Dunedin. There have been instances where candidates have been unable to withdraw any funds using their cards or transfer funds on line. Please ensure before you travel to Dunedin that you have made arrangements with your bank for you to access funds. Auckland Savings Bank (in Dunedin) is the 'sister' bank to Commonwealth Bank (Aust) but they are unable to fix any problems*

**Note: There is NO American Express office in Dunedin nor are there 'Advance' or 'Access' banks in Dunedin (or New Zealand)**

You will be unable to obtain CASH by using your Australian automatic teller cash card in New Zealand machines, unless you have the appropriate 'international' ATM card and pin number. If your VISA account is 'under your credit limit' you will be able to obtain cash from either an ATM or counter assistance. Again ensure you have the appropriate 'international pin number'.

### **ATM banking symbols include:**

ANZ (Night & Day); Postbank (Night & Day); ASB Cashflow; National Cashpoint; WestpacTrust; Easibank (Countrywide); BNZ; Activator (Mastercard).

**International banking transaction symbols:** Visa, Cirrus, Maestro, Plus, Mastercard; Diners Club International, are all accessible in Dunedin.

### **Currency used in New Zealand is the \$NZ**

You cannot present a personal cheque in \$AUD to pay for goods or services.

At the time of writing the exchange rate was : (give or take)

1 NZD = 0.94 AUD

1 AUD = 1.06 NZD

## Course Contacts

Associate Professor Jim Reid  
COURSE CONVENER

Jenny Hurley  
COURSE COORDINATOR  
Phone: +64 (3) 479 7286 (Office)  
+64 (3) 476 2808 (Home)  
Mobile: +64 (21) 395 599

Course Office: Room 140, 1st Floor, 55 Hanover Street  
(Department of General Practice & Rural Health)  
(Ref C2 No.148 on building map)

FAX: National (03) 477 2042 International +64 (3) 477 2042

EMAIL: [bse.course@otago.ac.nz](mailto:bse.course@otago.ac.nz)

 [www.facebook.com/DunedinCourse](http://www.facebook.com/DunedinCourse)

### **(International Time Difference) during course)**

#### **New Zealand is**

2 hours AHEAD of Brisbane, Melbourne, Cairns, Canberra, Sydney, Hobart

2 1/2 hours AHEAD of Adelaide, Darwin

4 hours AHEAD of Perth

# South Campus (School of Medicine)

- Academic Departments, Schools, Faculties and Programmes
- D2 130 Anatomy and Structural Biology –Lindo Ferguson Building
  - D2 128 Biomedical Sciences (Admin Office) –Sayers Building
  - D4 140 Environmental Science –310 Castle St
  - D4 140 Marine Science – 310 Castle St
  - E3 119 Natural History Film-making and Communication Science Communication
  - E2 124 Oral Rehabilitation – Walsh Building (Dental School)
  - E2 124 Oral Sciences – Walsh Building (Dental School)
  - D2 129 Pharmacology and Toxicology –Adams Building
  - D2 129 Pharmacy, School of – Adams Building
  - D2 130 Physiology – Lindo Ferguson Building
  - E3 116 Physiotherapy, School of – Physiotherapy Building
  - D4 140 Surveying – 310 Castle St
  - E2 120 Wildlife Management (Zoology) –Marples Building
  - E2 120 Zoology – Marples Building

- Buildings**
- E3 123 Hunter Centre
  - E2 125 School of Dentistry, Birmingham Building
  - E3 119 Science Communication
  - D2 126 Wellcome Medical Research Institute
  - E2 121 Zoology Annexe
  - E2 117 Zoology, Bernham Building
  - E2 118 Zoology, Parker Building (Cottage)

- Lecture Theatres**
- D3 127 Barnett Lecture Theatre – Dunedin Hospital
  - D3 127 Colquhoun Lecture Theatre – Dunedin Hospital
  - D2 132 D'Alb Lecture Theatre – Hercules Building
  - D2 124 Dental Lecture Theatres (Blue, Green) – Walsh Building (Dental School)
  - D2 130 Gowland Lecture Theatre – Lindo Ferguson Building
  - D2 131 Red Lecture Theatre – Scott Building
  - E3 116 Physiotherapy G02 Lecture Theatre –Physiotherapy Building
  - D4 140 Surveying 205 Lecture Theatre –310 Castle St

- Dunedin School of Medicine**
- C2 134 Centre for International Health
  - E3 122 Clinical Teaching Centre
  - C2 148 General Practice and Rural Health – 55 Hanover Street
  - D2 133 ICT Support Group
  - D3 135 Medical and Surgical Sciences –W ard Block( Dunedin Hospital)
  - D2 132 Pathology – Hercules Building
  - D2 129 Preventive and Social Medicine – Adams Building
  - D4 141 Psychological Medicine – Fraser Building
  - D3 139 Women's and Children's Health – Children's Pavilion (Dunedin Hospital)

- Dunedin Hospital**
- D3 139 Children's Pavilion
  - D3 136 Clinical Services Building
  - D4 141 Fraser Building
  - D3 138 Oncology
  - D3 137 Psych Services Building
  - D3 135 Ward Block

- Libraries and Collections**
- D2 130 Anatomy Museum – Lindo Ferguson Building
  - E2 124 Dental Library –Walsh Building (Dental School)
  - D2 128 Medical Library – Sayers Building

- Student Services**
- E3 116 Physio Clinics – Physiotherapy Building
  - E3 115 Student Health Services (Health and Counselling)
  - F2 114 University Bookshop

- Other Services**
- D4 141 Physiotherapy Pool – Fraser Building

- Residential Colleges**
- D4 Cumberland College
  - D4 Hayward College

**Map Legend**

	Academic Buildings		Indexed University of Otago Buildings		Student Services
	Administrative Buildings		Landmarks		Places of Interest
	Residential Colleges		Places to Eat		Under Construction
	School of Medicine		Emergency Telephones		Unassigned Spaces, Garage and Parking

  

	Computer Rooms		Building View Rotated 180° within the Map
	Wireless Internet Available		Main Entrance to Buildings
	E-Stop Computers		Places of Interest (off the map)
	IT Helpdesks		One-way Traffic

